

CREATIVITY & DEPTH

This is an on-going group meeting every other week

✧ *Thursdays* ✧ *10:00 – 12:00* ✧
plus a Creativity Day every other month



Active Imagination ✧ Creative Process ✧ Sacred Ritual
Awaken the Power of the Living Image

Engage in a World Alive with Soul

We will explore the wisdom of images in dreams and waking life using Active Imagination, helping participants to expand her/his self-awareness and insight. We will tend Psyche, listening for the intelligence of the images that appear during the "tending". Listen deeply to the voices of the images as they come alive to offer insights and transformation. Depth Psychology offers powerful methods for developing creativity and wholeness through explorations of the unconscious. Join our circle and deepen your connection with Psyche & engage your creative spirit!

✧ *\$35 for bi-monthly sessions (sliding scale available)* ✧

✧ *\$85 for Creativity Days – all materials included* ✧

JoHanna McNamee, MA earned her Master's degree in Depth Psychology from Sonoma State University and is certified in *DreamTending* from Pacifica Graduate Institute. She blends Jungian Psychology with creative process, such as nature sculpture, collage and mask making, to explore the hidden realms of psyche. She currently leads groups and workshops, and sees clients on an individual basis.

For more information go to www.SedonaDreamer.com or phone (928) 301-4343